Monday Tuesday Wednesday - - Snack Items - -- - Snack Items - -- - Snack Items - -CHEESE, CREAM PLAIN CHEESE, CREAM PLAIN CHEESE, CREAM PLAIN SPREAD LIGHT SS SPREAD LIGHT SS SPREAD LIGHT SS PLASTIC CUP REF PLASTIC CUP REF PLASTIC CUP REF Carbs: 2 Carbs: 2 Carbs: 2 * Milk * Milk * Milk - - -- - -- - ---- Entrees ------ Entrees ------ Entrees ---Kellogg's Apple Jacks Kellogg's Apple Jacks Kellogg's Apple Jacks Cereal Reduced Sugar 1oz Cereal Reduced Sugar 1oz Cereal Reduced Sugar 1oz **TWP** TWP **TWP** Carbs: 24 Carbs: 24 Carbs: 24 * Wheat * Wheat * Wheat - - -- - -- - -SNACK BAR, CEREAL Early Riser, Hash Brown SNACK BAR, CEREAL CINNAMON TOAST Patty Stuffed Breaded **CINNAMON TOAST** CRUNCH IW TWP 1.42 oz w/Egg Cheese F CRUNCH IW TWP 1.42 oz Carbs: 30 Carbs: 24 Carbs: 30 * Wheat * Milk, Eggs, Wheat * Wheat Kellogg's Froot Loops SNACK BAR, CEREAL Kellogg's Froot Loops Cereal Reduced Sugar 1oz CINNAMON TOAST Cereal Reduced Sugar 1oz Carbs: 24 CRUNCH IW TWP 1.42 oz Carbs: 24 * Wheat Carbs: 30 * Wheat * Wheat ---Cocoa Puffs(TM) Cereal Cocoa Puffs(TM) Cereal 25% Less Sugar Single Kellogg's Froot Loops 25% Less Sugar Single Serve Bowlpak 1 Cereal Reduced Sugar 1oz Serve Bowlpak 1 Carbs: 25 Carbs: 24 Carbs: 25 * Wheat - - -- - -- - -Pop-Tarts Frosted Pop-Tarts Frosted Strawberry 1.76 OZ TWP Cocoa Puffs(TM) Cereal Strawberry 1.76 OZ TWP Carbs: 36 25% Less Sugar Single Carbs: 36 * Soybeans, Wheat Serve Bowlpak 1 * Soybeans, Wheat Carbs: 25 - - -Kellogg's Eggo Waffles MUFFIN, CHOCOLATE Pop-Tarts Frosted CHOCOLATE CHIP WHOLE Cinnamon Toast 2.64oz Carbs: 35 Strawberry 1.76 OZ TWP **GRAIN 2 OZ IW FROZEN** * Milk, Soybeans, Eggs, Carbs: 36 Carbs: 33 Wheat * Soybeans, Wheat * Milk, Soybeans, Eggs, Wheat MUFFIN, CHOCOLATE MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE CHOCOLATE CHIP WHOLE Mini Breakfast Bites, Apple **GRAIN 2 OZ IW FROZEN GRAIN 2 OZ IW FROZEN** Carbs: 41 Carbs: 33 Carbs: 33 * Milk, Soybeans, Eggs, * Milk, Soybeans, Eggs, * Milk, Soybeans, Eggs, Wheat Wheat Wheat - - -

Monday	Tuesday	Wednesday
Entrees	Entrees	Entrees
Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat	Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat	French Toast, Cinnamon Toast Crunch Mini Carbs: 37 * Milk, Soybeans, Eggs, Wheat
MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat Bagel, Hilltop Hearth 2.3 oz TWP	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat Bagel, Hilltop Hearth 2.3 oz TWP	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat Bagel, Hilltop Hearth 2.3 oz
Carbs: 32 * Wheat	Carbs: 32 * Wheat	TWP Carbs: 32 * Wheat
Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat	Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat	Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat
Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat 	Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat	Strawberry Mini Pancakes WG Carbs: 39 * Milk, Soybeans, Eggs, Wheat
Sides	Sides	
Oranges, Fresh, 138 Count, Whole Carbs: 14 Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12 Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk	Oranges, Fresh, 138 Count, Whole Carbs: 14 Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12 Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk	Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat Sides Oranges, Fresh, 138 Count, Whole Carbs: 14 Del Monte® Diced Peaches in 100% Juice, 72ct 4oz.
		Plastic Cu Carbs: 12

Monday	Tuesday	Wednesday
Sides	Sides	Sides
Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk
Apples, Fresh, 100 Count, Sliced Carbs: 9	Apples, Fresh, 100 Count, Sliced Carbs: 9	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27
CRAISINS CHERRY FLAVORED POUCH Carbs: 28	CRAISINS CHERRY FLAVORED POUCH Carbs: 28	Apples, Fresh, 100 Count, Sliced Carbs: 9
Mozzarella String Cheese Stick TWP Carbs: 2 * Milk	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk	CRAISINS CHERRY FLAVORED POUCH Carbs: 28
JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14	Mozzarella String Cheese Stick TWP <i>Carbs: 2</i> * Milk
Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13	Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14
Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13	Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13	Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13
Orange Juice, Individual Cups, Frozen <i>Carbs: 14</i>	Orange Juice, Individual Cups, Frozen <i>Carbs: 14</i>	Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13
		Orange Juice, Individual Cups, Frozen Carbs: 14

Monday	Tuesday	Wednesday
Milk	Milk	Milk
Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
Milk, Strawberry, Fat Free Carbs: 34	Milk, Strawberry, Fat Free Carbs: 34	Milk, Strawberry, Fat Free Carbs: 34
Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk
Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk
Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk

Monday Wednesday **Thursday Friday** - - Snack Items - -- - Snack Items - -- - Snack Items - -- - Snack Items - -CHEESE, CREAM PLAIN CHEESE, CREAM PLAIN CHEESE, CREAM PLAIN CHEESE, CREAM PLAIN SPREAD LIGHT SS SPREAD LIGHT SS SPREAD LIGHT SS SPREAD LIGHT SS PLASTIC CUP REF PLASTIC CUP REF PLASTIC CUP REF PLASTIC CUP REF Carbs: 2 Carbs: 2 Carbs: 2 Carbs: 2 * Milk * Milk * Milk * Milk - - ---- Entrees ------ Entrees ------ Entrees ---- - - Entrees - - -Kellogg's Apple Jacks Kellogg's Apple Jacks Kellogg's Apple Jacks Kellogg's Apple Jacks Cereal Reduced Sugar 1oz Cereal Reduced Sugar 1oz Cereal Reduced Sugar 1oz Cereal Reduced Sugar 1oz **TWP** TWP **TWP TWP** Carbs: 24 Carbs: 24 Carbs: 24 Carbs: 24 * Wheat * Wheat * Wheat * Wheat - - -Cinni Mini, Cinnamon Roll Chocolate Filled Crescent SNACK BAR, CEREAL SNACK BAR, CEREAL **CINNAMON TOAST CINNAMON TOAST IW TWP** Roll Carbs: 40 * Wheat CRUNCH IW TWP 1.42 oz CRUNCH IW TWP 1.42 oz * Milk, Soybeans, Wheat Carbs: 30 Carbs: 30 ---* Wheat * Wheat - - -SNACK BAR, CEREAL SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz **CINNAMON TOAST** Kellogg's Froot Loops Kellogg's Eggo French CRUNCH IW TWP 1.42 oz Carbs: 30 Cereal Reduced Sugar 1oz Toast Chocolate Chip Carbs: 30 * Wheat Carbs: 24 French Toast Mini * Wheat Carbs: 35 * Wheat * Milk, Soybeans, Eggs, Kellogg's Froot Loops Wheat Kellogg's Froot Loops Cereal Reduced Sugar 1oz Cocoa Puffs(TM) Cereal Cereal Reduced Sugar 1oz Carbs: 24 25% Less Sugar Single Carbs: 24 * Wheat Serve Bowlpak 1 Kellogg's Froot Loops * Wheat Carbs: 25 Cereal Reduced Sugar 1oz - - -Carbs: 24 Cocoa Puffs(TM) Cereal * Wheat Cocoa Puffs(TM) Cereal 25% Less Sugar Single Pop-Tarts Frosted 25% Less Sugar Single Serve Bowlpak 1 Strawberry 1.76 OZ TWP Serve Bowlpak 1 Carbs: 25 Carbs: 36 Cocoa Puffs(TM) Cereal Carbs: 25 25% Less Sugar Single * Soybeans, Wheat Serve Bowlpak 1 Pop-Tarts Frosted Carbs: 25 MUFFIN, CHOCOLATE Pop-Tarts Frosted Strawberry 1.76 OZ TWP Strawberry 1.76 OZ TWP Carbs: 36 CHOCOLATE CHIP WHOLE Carbs: 36 Soybeans, Wheat **GRAIN 2 OZ IW FROZEN** Pop-Tarts Frosted * Soybeans, Wheat Strawberry 1.76 OZ TWP Carbs: 33 - - -* Milk, Soybeans, Eggs, Carbs: 36 MUFFIN, CHOCOLATE Wheat Soybeans, Wheat CHOCOLATE CHIP WHOLE MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE **GRAIN 2 OZ IW FROZEN GRAIN 2 OZ IW FROZEN** Carbs: 33 WG Pancake Bites IW * Milk, Soybeans, Eggs, Carbs: 33 * Milk, Soybeans, Eggs, Wheat Wheat - - -

Monday	Wednesday	Thursday	Friday
Entrees	Entrees	Entrees	Entrees
Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat	Mini Breakfast Bites, Apple <i>Carbs: 41</i> * Milk, Soybeans, Eggs, Wheat	Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs,
			Wheat
MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat	Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs,
Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat	Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat	Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat	Wheat MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat
Bagel, Hilltop Hearth 2.3 oz	Bagel, Hilltop Hearth 2.3 oz	Bagel, Hilltop Hearth 2.3 oz	
TWP Carbs: 32 * Wheat	TWP Carbs: 32 * Wheat	TWP Carbs: 32 * Wheat	Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37
Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat	Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat	Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat	* Milk, Soybeans, Wheat Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32
			* Wheat
Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat	Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat	Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat	Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22
Sides	Sides	Sides	* Soybeans, Wheat
Oranges, Fresh, 138 Count, Whole Carbs: 14	Oranges, Fresh, 138 Count, Whole Carbs: 14	Oranges, Fresh, 138 Count, Whole Carbs: 14	TWP Muffin Carbs: 31 * Milk, Soybeans, Wheat
Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12	Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu <i>Carbs: 12</i>	Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12	Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat
Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP <i>Carbs: 19</i> * Milk 	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP <i>Carbs:</i> 19 * Milk	Sides Oranges, Fresh, 138 Count, Whole Carbs: 14

Monday	Wednesday	Thursday	Friday
Sides	Sides	Sides	Sides
Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12
Apples, Fresh, 100 Count, Sliced Carbs: 9	Apples, Fresh, 100 Count, Sliced Carbs: 9	Apples, Fresh, 100 Count, Sliced Carbs: 9	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19
			* Milk
CRAISINS CHERRY FLAVORED POUCH Carbs: 28	CRAISINS CHERRY FLAVORED POUCH <i>Carbs:</i> 28	CRAISINS CHERRY FLAVORED POUCH Carbs: 28	 Bananas, (7 to 7-1/8 Inch),
			Whole
Mozzarella String Cheese	Mozzarella String Cheese	Mozzarella String Cheese	Carbs: 27
Stick TWP Carbs: 2	Stick TWP Carbs: 2	Stick TWP Carbs: 2	 Apples, Fresh, 100 Count,
* Milk	* Milk	* Milk	Sliced
			Carbs: 9
JUICE, APPLE 100% FROZEN PLASTIC CUP TWP	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP	CRAISINS CHERRY FLAVORED POUCH
Carbs: 14	Carbs: 14	Carbs: 14	Carbs: 28
Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup <i>Carbs:</i> 13	Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup <i>Carbs:</i> 13	Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk
Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct <i>Carbs:</i> 13	Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct <i>Carbs:</i> 13	Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14
Orange Juice, Individual Cups, Frozen <i>Carbs: 14</i>	Orange Juice, Individual Cups, Frozen <i>Carbs: 14</i> 	Orange Juice, Individual Cups, Frozen <i>Carbs: 14</i>	Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13
			Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13
			Orange Juice, Individual Cups, Frozen <i>Carbs: 14</i>

Monday --- Milk --Milk, Chocolate, Nor With Added Vitamin A

Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34

Milk, Strawberry, Fat Free Carbs: 34

Milk, Lactose and Fat Free

* Milk

Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk

Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk

Wednesday Thursday Friday

--- Milk ---

Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34

Milk, Strawberry, Fat Free Carbs: 34

Milk, Lactose and Fat Free

* Milk

Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk

Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk

- - - Milk - - -

Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34

Milk, Strawberry, Fat Free Carbs: 34

Milk, Lactose and Fat Free

* Milk

Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk

Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk

- - -

--- Milk ---

Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk

Milk, Strawberry, Fat Free *Carbs: 34*

Milk, Lactose and Fat Free

* Milk

Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk

Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Snack Items	Snack Items	Snack Items	Snack Items	Snack Items
CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk
Entrees	Entrees	Entrees	Entrees	Entrees
Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24	Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24	Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24	Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24	Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24
* Wheat	* Wheat	* Wheat	* Wheat	* Wheat
Pillsbury(TM) Freezer-to- Oven Whole Grain Cinnamon Roll Doug <i>Carbs: 36</i> * Milk, Soybeans, Eggs,	SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat	Kellogg's Eggo Waffles Cinnamon Toast 2.64oz Carbs: 35 * Milk, Soybeans, Eggs, Wheat	SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat	French Toast, Cinnamon Toast Crunch Mini Carbs: 37 * Milk, Soybeans, Eggs, Wheat
Wheat				
SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30	Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat	SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat	Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat	SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz Carbs: 30 * Wheat
* Wheat Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24	Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25	Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat	Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25	Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat
* Wheat	Pop-Tarts Frosted		Pop-Tarts Frosted	
Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1	Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat	Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 <i>Carbs:</i> 25	Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat	Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 <i>Carbs:</i> 25
Carbs: 25	MUFFIN, CHOCOLATE		MUFFIN, CHOCOLATE	
Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat	CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat	Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat	CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat	Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat
	Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat	Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat

Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Entrees	Entrees	Entrees	Entrees
MUFFIN, CHOCOLATE	MUFFIN BLUEBERRY WG	Mini Breakfast Bites, Apple	MUFFIN BLUEBERRY WG	Mini Breakfast Bites, Apple
CHOCOLATE CHIP WHOLE	RF IW	Carbs: 41	RF IW	Carbs: 41
GRAIN 2 OZ IW FROZEN	Carbs: 30	* Milk, Soybeans, Eggs,	Carbs: 30	* Milk, Soybeans, Eggs,
Carbs: 33	* Soybeans, Eggs, Wheat	Wheat	* Soybeans, Eggs, Wheat	Wheat
* Milk, Soybeans, Eggs,				
Wheat	Crunchmania Cinnamon	MUFFIN BLUEBERRY WG	Early Riser, Hash Brown	MUFFIN BLUEBERRY WG
	Bun SS Bagged 1.76oz IW	RF IW	Patty Stuffed Breaded	RF IW
Mini Breakfast Bites, Apple	TWP	Carbs: 30	w/Egg Cheese F	Carbs: 30
Carbs: 41	Carbs: 37	* Soybeans, Eggs, Wheat	Carbs: 24	* Soybeans, Eggs, Wheat
* Milk, Soybeans, Eggs,	* Milk, Soybeans, Wheat		* Milk, Eggs, Wheat	
Wheat		0		0
	Dogol Hillton Hoorth 2.2 oz	Crunchmania Cinnamon	Crunchmonia Cinnaman	Crunchmania Cinnamon
MUFFIN BLUEBERRY WG	Bagel, Hilltop Hearth 2.3 oz TWP	Bun SS Bagged 1.76oz IW TWP	Crunchmania Cinnamon	Bun SS Bagged 1.76oz IW TWP
RF IW	Carbs: 32	Carbs: 37	Bun SS Bagged 1.76oz IW TWP	Carbs: 37
Carbs: 30	* Wheat	* Milk, Soybeans, Wheat	Carbs: 37	* Milk, Soybeans, Wheat
* Soybeans, Eggs, Wheat			* Milk, Soybeans, Wheat	
	Cinnamon Toast Crunch	Bagel, Hilltop Hearth 2.3 oz		Bagel, Hilltop Hearth 2.3 oz
Crunchmania Cinnamon	(TM) Cereal Single Serve	TWP	Bagel, Hilltop Hearth 2.3 oz	TWP
Bun SS Bagged 1.76oz IW	Bowlpak 1 oz T	Carbs: 32	TWP	Carbs: 32
TWP	Carbs: 22	* Wheat	Carbs: 32	* Wheat
Carbs: 37	* Soybeans, Wheat		* Wheat	
* Milk, Soybeans, Wheat		Cinnamon Toast Crunch		Cinnamon Toast Crunch
	TWP Muffin	(TM) Cereal Single Serve	Cinnamon Toast Crunch	(TM) Cereal Single Serve
Bagel, Hilltop Hearth 2.3 oz	Carbs: 31	Bowlpak 1 oz T	(TM) Cereal Single Serve	Bowlpak 1 oz T
TWP	* Milk, Soybeans, Wheat	Carbs: 22	Bowlpak 1 oz T	Carbs: 22
Carbs: 32		* Soybeans, Wheat	Carbs: 22	* Soybeans, Wheat
* Wheat	Snack Bar, Trix Cereal Bars		* Soybeans, Wheat	
	1.42 oz TWP	Snack Bar, Trix Cereal Bars		Snack Bar, Trix Cereal Bars
Cinnamon Toast Crunch	Carbs: 29	1.42 oz TWP	Snack Bar, Trix Cereal Bars	1.42 oz TWP
(TM) Cereal Single Serve	* Wheat	Carbs: 29	1.42 oz TWP	Carbs: 29
Bowlpak 1 oz T		* Wheat	Carbs: 29	* Wheat
Carbs: 22			* Wheat	
* Soybeans, Wheat	Sides			
	Oranges, Fresh, 138 Count,	Sides	0.1	Sides
Snack Bar, Trix Cereal Bars	Whole	Oranges, Fresh, 138 Count,	Sides	Oranges, Fresh, 138 Count,
1.42 oz TWP	Carbs: 14	Whole	Oranges, Fresh, 138 Count,	Whole
Carbs: 29		Carbs: 14	Whole	Carbs: 14
* Wheat	Dal Manta® Disad Basahas		Carbs: 14	
	Del Monte® Diced Peaches in 100% Juice, 72ct 4oz.	Del Monte® Diced Peaches		Del Monte® Diced Peaches
	Plastic Cu	in 100% Juice, 72ct 4oz.	Del Monte® Diced Peaches	in 100% Juice, 72ct 4oz.
Sides	Carbs: 12	Plastic Cu	in 100% Juice, 72ct 4oz.	Plastic Cu
Oranges, Fresh, 138 Count,		Carbs: 12	Plastic Cu	Carbs: 12
Whole			Carbs: 12	
Carbs: 14	Upstate Farms Blueberry			
	Nonfat Yogurt 4oz TWP	Upstate Farms Blueberry		Upstate Farms Blueberry
Del Monte® Diced Peaches	Carbs: 19 * <mark>Milk</mark>	Nonfat Yogurt 4oz TWP Carbs: 19	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP	Nonfat Yogurt 4oz TWP Carbs: 19
in 100% Juice, 72ct 4oz.		* Milk	Carbs: 19	* Milk
Plastic Cu			* Milk	
Carbs: 12				
			- 	

Monday	Tuesday	Wednesday	Thursday	Friday
Sides	Sides	Sides	Sides	Sides
Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27
Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Apples, Fresh, 100 Count, Sliced Carbs: 9	Apples, Fresh, 100 Count, Sliced Carbs: 9	Apples, Fresh, 100 Count, Sliced Carbs: 9	Apples, Fresh, 100 Count, Sliced Carbs: 9
Apples, Fresh, 100 Count, Sliced Carbs: 9	CRAISINS CHERRY FLAVORED POUCH Carbs: 28	CRAISINS CHERRY FLAVORED POUCH Carbs: 28	CRAISINS CHERRY FLAVORED POUCH Carbs: 28	CRAISINS CHERRY FLAVORED POUCH Carbs: 28
CRAISINS CHERRY FLAVORED POUCH Carbs: 28	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk
Mozzarella String Cheese Stick TWP Carbs: 2 * Milk	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14
JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14	Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup <i>Carbs:</i> 13	Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup <i>Carbs: 13</i>	Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13	Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13
Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13	Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13	Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13	Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13	Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13
Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13 Orange Juice, Individual	Orange Juice, Individual Cups, Frozen <i>Carbs: 14</i>	Orange Juice, Individual Cups, Frozen <i>Carbs: 14</i>	Orange Juice, Individual Cups, Frozen <i>Carbs: 14</i>	Orange Juice, Individual Cups, Frozen <i>Carbs: 14</i>
Cups, Frozen Carbs: 14				

Monday	Tuesday	Wednesday	Thursday	Friday
Milk	Milk	Milk	Milk	Milk
Milk, Chocolate, Non-fat,				
With Added Vitamin A and				
Vitamin D				
Carbs: 34				
* Milk				
Milk, Strawberry, Fat Free				
Carbs: 34				
Milk, Lactose and Fat Free * Milk				
Milk, Non-fat, With Added				
Vitamin A and Vitamin D				
<i>Carbs: 12</i>	<i>Carbs: 12</i>	Carbs: 12	Carbs: 12	Carbs: 12
* Milk				
Milk, Low-fat (1%), With				
Added Vitamin A and				
Vitamin D				
Carbs: 12				
* Milk				

Monday Tuesday Wednesday - - Snack Items - -- - Snack Items - -- - Snack Items - -CHEESE, CREAM PLAIN CHEESE, CREAM PLAIN CHEESE, CREAM PLAIN SPREAD LIGHT SS SPREAD LIGHT SS SPREAD LIGHT SS PLASTIC CUP REF PLASTIC CUP REF PLASTIC CUP REF Carbs: 2 Carbs: 2 Carbs: 2 * Milk * Milk * Milk --- Entrees ------ Entrees ------ Entrees ---Kellogg's Apple Jacks Kellogg's Apple Jacks Kellogg's Apple Jacks Cereal Reduced Sugar 1oz Cereal Reduced Sugar 1oz Cereal Reduced Sugar 1oz **TWP** TWP **TWP** Carbs: 24 Carbs: 24 Carbs: 24 * Wheat * Wheat * Wheat French Toast, Trix Berry SNACK BAR, CEREAL SNACK BAR, CEREAL **CINNAMON TOAST** CINNAMON TOAST Blast Mini IW CRUNCH IW TWP 1.42 oz CRUNCH IW TWP 1.42 oz Carbs: 36 Carbs: 30 Carbs: 30 * Milk, Soybeans, Eggs, * Wheat * Wheat Wheat Kellogg's Froot Loops Kellogg's Froot Loops SNACK BAR, CEREAL Cereal Reduced Sugar 1oz Cereal Reduced Sugar 1oz CINNAMON TOAST Carbs: 24 Carbs: 24 CRUNCH IW TWP 1.42 oz * Wheat * Wheat Carbs: 30 * Wheat - - -Cocoa Puffs(TM) Cereal Cocoa Puffs(TM) Cereal 25% Less Sugar Single 25% Less Sugar Single Kellogg's Froot Loops Serve Bowlpak 1 Serve Bowlpak 1 Cereal Reduced Sugar 1oz Carbs: 25 Carbs: 25 Carbs: 24 * Wheat - - -Pop-Tarts Frosted Pop-Tarts Frosted Cocoa Puffs(TM) Cereal Strawberry 1.76 OZ TWP Strawberry 1.76 OZ TWP Carbs: 36 Carbs: 36 25% Less Sugar Single Serve Bowlpak 1 * Soybeans, Wheat * Soybeans, Wheat Carbs: 25 - - -Cinni Mini, Cinnamon Roll MUFFIN, CHOCOLATE IW TWP CHOCOLATE CHIP WHOLE Pop-Tarts Frosted Carbs: 40 **GRAIN 2 OZ IW FROZEN** Strawberry 1.76 OZ TWP * Milk, Soybeans, Wheat Carbs: 33 Carbs: 36 * Milk, Soybeans, Eggs, * Soybeans, Wheat Wheat MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE MUFFIN, CHOCOLATE **GRAIN 2 OZ IW FROZEN** Mini Breakfast Bites, Apple CHOCOLATE CHIP WHOLE Carbs: 33 Carbs: 41 **GRAIN 2 OZ IW FROZEN** * Milk, Soybeans, Eggs, * Milk, Soybeans, Eggs, Carbs: 33 Wheat Wheat * Milk, Soybeans, Eggs, Wheat - - -

Monday	Tuesday	Wednesday
Entrees	Entrees	Entrees
Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat	Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat
MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat	Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat
	* Milk, Soybeans, Wheat	
Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat	Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat	Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat
Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat	Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat	Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat
Cinnamon Toast Crunch		 Cinnamon Toast Crunch
(TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat	Kellogg's Eggo Waffles Whole Grain Froot Loop 2.6oz Carbs: 32 * Milk, Soybeans, Eggs, Wheat	(TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat
Snack Bar, Trix Cereal Bars 1.42 oz TWP		Snack Bar, Trix Cereal Bars 1.42 oz TWP
Carbs: 29 * Wheat	Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29	Carbs: 29 * Wheat
Cidoo	* Wheat	
Sides		Sides
Oranges, Fresh, 138 Count, Whole Carbs: 14	Sides Oranges, Fresh, 138 Count, Whole	Oranges, Fresh, 138 Count, Whole Carbs: 14
Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12	Carbs: 14 Del Monte® Diced Peaches in 100% Juice, 72ct 4oz.	Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12
	Plastic Cu Carbs: 12	
Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk

Monday	Tuesday	Wednesday
Sides	Sides	Sides
Bananas, (7 to 7-1/8 Inch),	Bananas, (7 to 7-1/8 Inch),	Bananas, (7 to 7-1/8 Inch),
Whole	Whole	Whole
Carbs: 27	Carbs: 27	Carbs: 27
Apples, Fresh, 100 Count,	Apples, Fresh, 100 Count,	Apples, Fresh, 100 Count,
Sliced	Sliced	Sliced
Carbs: 9	Carbs: 9	Carbs: 9
CRAISINS CHERRY	CRAISINS CHERRY	CRAISINS CHERRY
FLAVORED POUCH	FLAVORED POUCH	FLAVORED POUCH
Carbs: 28	Carbs: 28	Carbs: 28
Mozzarella String Cheese	Mozzarella String Cheese	Mozzarella String Cheese
Stick TWP	Stick TWP	Stick TWP
Carbs: 2	Carbs: 2	Carbs: 2
* Milk	* Milk	* Milk
JUICE, APPLE 100%	JUICE, APPLE 100%	JUICE, APPLE 100%
FROZEN PLASTIC CUP	FROZEN PLASTIC CUP	FROZEN PLASTIC CUP
TWP	TWP	TWP
Carbs: 14	Carbs: 14	Carbs: 14
Del Monte® Diced Pears in	Del Monte® Diced Pears in	Del Monte® Diced Pears in
100% Juice, 72ct 4oz.	100% Juice, 72ct 4oz.	100% Juice, 72ct 4oz.
Plastic Cup	Plastic Cup	Plastic Cup
Carbs: 13	Carbs: 13	Carbs: 13
Del Monte® Mixed Fruit in	Del Monte® Mixed Fruit in	Del Monte® Mixed Fruit in
100% Juice Fruit Cup®	100% Juice Fruit Cup®	100% Juice Fruit Cup®
Snacks, 72ct	Snacks, 72ct	Snacks, 72ct
Carbs: 13	Carbs: 13	Carbs: 13
Orange Juice, Individual	Orange Juice, Individual	Orange Juice, Individual
Cups, Frozen	Cups, Frozen	Cups, Frozen
<i>Carbs: 14</i>	<i>Carbs: 14</i>	<i>Carbs:</i> 14

Monday	Tuesday	Wednesday
Milk	Milk	Milk
Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
Milk, Strawberry, Fat Free Carbs: 34	Milk, Strawberry, Fat Free Carbs: 34	Milk, Strawberry, Fat Free Carbs: 34
Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk
Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk
Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk
